



THERA • SKIN

90% of skin aging is from chronic inflammation due to the incorrect diagnosis of skin condition and type.
 All skin care regimes are designed to prevent the visible signs of aging.

skin care regime: the how-to guide for your personal skin care

To care for your skin cleanse, exfoliate apply masques then tone, use treatments/serums, moisturize, apply eye care, then always use SPF 30. Use scrubs and masques 2-3 times per week and if using more than one serum, layer thinnest to thickest before moisturizing. Thera Skin products are designed to work as complete regimes. For best results and to avoid irritation only use Thera Skin products together.

skin types	cleanser	toner	treatment	moisturizer	sunscreen	eye care	exfoliant	masque	line filler	firming with peptides	eye makeup remover
acne prone	AHA/BHA Mousse Cleanser	Pore-Purifying Astringent Toner	Clearskin Ultra Gel	Oil-Free Hydrating Fluid	Solar Defender SPF 30	Instant Firming Eye Contour Gel	Ultimate Exfoliating Scrub	Zinc & Sulphur Facial Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
oily	Pore-Clearing Facial Cleanser	Pore-Purifying Astringent Toner	Clearskin Ultra Gel	Oil-Free Hydrating Fluid	Solar Defender SPF 30	Instant Firming Eye Contour Gel	Crystal Clarity Microdermabrasion Cream	Zinc & Sulphur Facial Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
anti-aging	Multi-Vitamin Purifying Face Wash	Visibly Moist Facial Toner	AHA Age Limit Facial Serum	Normal skin (Moisture Replenishing Face Cream), Dry (Continuous Moisture Cream), Oily (Oil-Free Hydrating Fluid)	Solar Defender SPF 30	Intensive Eye Therapy	Crystal Clarity Microdermabrasion Cream	Vitamin-Plus Facial Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
normal/combination	Pure & Simple Cleansing Lotion	Visibly Moist Facial Toner	AHA Age Limit Facial Serum	Moisture Replenishing Face Cream	Solar Defender SPF 30	Instant Firming Eye Contour Gel	Ultimate Exfoliating Scrub	Vitamin-Plus Facial Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
dry	Multi-Vitamin Purifying Face Wash	Visibly Moist Facial Toner	Nutriment Blue Oil Skin Treatment	Continuous Moisture Face Cream	Solar Defender SPF 30	Intensive Eye Therapy	Ultimate Exfoliating Scrub	Vitamin-Plus Facial Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
extremely dry	Ultra-Gentle Lotion Cleanser	Visibly Moist Facial Toner	Nutriment Blue Oil Skin Treatment	Bio-Lipid Repair Cream	Solar Defender SPF 30	Intensive Eye Therapy	Ultimate Exfoliating Scrub	Soothing Gel Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
sensitive: oily	Ultra-Gentle Gel Cleanser	Not Recommended	Instant Calm Skin Treatment	Oil-Free Hydrating Fluid	Solar Defender SPF 30	Instant Firming Eye Contour Gel	Ultimate Exfoliating Scrub (patch test & spot treatment)	Soothing Gel Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
sensitive: normal/ slightly dry	Ultra-Gentle Lotion Cleanser	Not Recommended	Instant Calm Skin Treatment	Bio-Lipid Repair Fluid	Solar Defender SPF 30	Intensive Eye Therapy	Ultimate Exfoliating Scrub (patch test & spot treatment)	Soothing Gel Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid
sensitive: extremely dry	Ultra-Gentle Lotion Cleanser	Not Recommended	Instant Calm Skin Treatment	Bio-Lipid Repair Cream	Solar Defender SPF 30	Intensive Eye Therapy	Ultimate Exfoliating Scrub (patch test & spot treatment)	Soothing Gel Mask	Smooth Surface Instant Line & Wrinkle Filler	Advanced Skin Firming Complex	Instant Eye Makeup Remover Fluid

Thera • Skin products combine the wisdom of nature with the innovation and power of science. Bio-effective ingredients like antioxidants, phytonutrients, peptides and botanicals are used to create the best results-oriented skincare.

CLEANSERS

Lightly foaming plant saponins, lipid-rich plant oils, and energizing plant extracts give skin a refreshing alternative to traditional cleansers.

AHA/BHA Mousse Cleanser

- Penetrates below plugs blocking pores to fight imperfections where they start
- Pore-purifying essential oils balance pore ecology
- Sulfate-free foam dissolves oil on contact
- Leaves skin feeling ultra smooth, clean and conditioned

Multi-Vitamin Purifying Face Wash

- Bursting with Vitamins A, C, D and E
- Extra gentle foaming lotion
- Purifies pores with soft, lush cushiony lather

Pore-Clearing Facial Cleanser

- Extra strength oil-dissolving cleanser
- Pore purifying Tea Tree Oil cleans deep down
- Controls blemishes before they become a problem

Pure & Simple Cleansing Lotion

- Facial Cleanser, astringent & make-up remover all-in-one
- Gentle foaming lotion
- Water-activated and water rinsed

Ultra Gentle Gel Cleanser

- Ultra-mild, soap-free, sulfate-free cleansing
- Dissolves makeup
- Cleans deep into pores
- Rinses completely so astringent is not required
- Leaves skin ultra soft, fresh and comfortable (signs that skin's protective barrier is still intact after cleansing)

Ultra Gentle Lotion Cleanser

- Ultra-mild, gentle cleansing
- Dissolves makeup instantly
- Cleans deep within pores
- Rinses completely so toner is not required

EXFOLIANTS

Reveal more perfect, younger, vibrant-looking skin in seconds. An exfoliating skin polisher followed by a mask will produce visible results in just minutes.

Ultimate Exfoliating Scrub

- Gentle micro-grains refine skin to a new smoother surface
- Buffs away fine lines – helps slow signs of aging
- Diminishes appearance of coarse or enlarged pores

Crystal Clarity Microdermabrasion Cream

For sun damaged or acne scarred skin.

- volcanic microcrystals polish skin to an ultra-smooth finish
- Reveals fresh, new, healthier-looking skin in seconds
- Minimizes signs of sun-damage, irregular pigmentation, lines, large pores & acne-scars

MASQUES

Vitamin-Plus Facial Mask

- Vitamin A, C, D & E restore skin's health vitality
- Quick, nutrient rich, deep cleansing masque
- Nourishing, purifying, non-drying formula

Zinc & Sulphur Facial Mask

- Fast relief for acne-prone & oily skin
- Blend of Zinc Oxide, Sulphur & Witch Hazel balance oil and calm outbreaks
- Great for 'spot' treatments

Soothing Gel Mask

- Instant comfort and relief in visibly irritated, stressed skin
- Visibly soothes redness
- Hydrates dry patches, recovers softness and suppleness

TONERS

Help complete the cleansing process, refine pores, and refresh and restore the complexion while preparing the way for moisturizers and special treatments.

Pore Purifying Astringent Toner

- Pore-purifying essential oils balance pore ecology
- AHA/BHA blend minimize pores
- Counteracts visible signs of redness

Visibly Moist Facial Toner

- Instantly hydrates deep within skin layers
- Captures and holds moisture where it's needed most
- Alcohol-free, refreshing Herbal Extracts & Panthenol

TREATMENTS

AHA Age-Limit Facial Serum

- Puts a limit on the signs of age
- Minimizes visible imperfections within days
- Maximum delivery without irritation

Instant Firming Eye Contour Gel

- Firms, tightens, eases puffiness & relieves signs of stress
- Minimizes lines and dark circles over time

Intensive Eye Therapy

- Lifting spheres fill lines from within
- Hibiscus relaxes tension lines and wrinkles
- Antioxidants neutralizes aging surface radicals

Clearskin Ultra Gel

- Time-released exfoliants clear skin of imperfections
- Eliminates flaking and ashiness
- Smoothes coarse skin, minimizes enlarged pores and fine aging lines

Nutrient Blue Oil Skin Treatment

- Adapts skincare routine as skin's needs change
- Reprograms dry skin for long-lasting softness
- Revitalizes for fresher-looking, more radiant skin
- add to cremes, masques & complexes for spot treatments

Instant Calm Skin Treatment

- Relieves tingling, stinging and other discomfort on contact rosacea skin tones with twice-daily use over time)
- Helps control signs of irritation caused by AHAs, Vitamin C or microdermabrasion
- Calms skin after waxing, tweezing, sunburn

MOISTURIZERS & SUNSCREEN

Continuous Moisture Face Cream

- Luscious, yet light feeling cream
- Delivers strong barrier repair
- Revives Skin's own moisture-holding capacity

Moisture Replenishing Face Cream

- Lightweight cream helps normalize & balance both oily & dry skin types
- Three moisturizing age fighters – Vitamin E, A & stabilized C
- Forms a reservoir of moisture that lasts up to 20 hours

Oil Free Hydrating Fluid

- Reprograms skin to hold more moisture – without oil
- Penetrate deep between skin cells
- Lightweight – won't clog pores or cause shine

Bio-Lipid Repair Fluid

- Red tones fade over time
- Signs of aging soften or slow down altogether
- Sensitive skin appears to normalize within days

Bio-Lipid Repair Cream

- Skin feels calm, comfortable and moist day and night
- Red tones fade over time
- Signs of aging soften or slow down altogether
- Sensitive skin appears to normalize within days

Solar Defender, SPF 30 UVA/UVB Sunscreen

- Ultra sheer, ultra gentle invisible daily protection
- Protection from burning UVB & aging UVA rays
- Water resistant, greaseless formula

SPOT TREATMENTS

Smooth Surface Instant Line & Wrinkle Filler

- Softens crows feet, whistle lines, laugh and forehead lines
- Fine lines visibly disappear within minutes
- The look of lines and wrinkles fill in deep down over time

Advanced Skin Firming Complex

- Skin feels immediately tighter and firmer
- Visibly firms maturing skin in just 2 to 4 weeks
- Results continue to build – where lasers, peels and injections do not

Instant Eye Makeup Remover Fluid

- Dissolves even the most stubborn eye makeup in seconds
- Won't leave eye area feeling oily or dry or blur vision
- Can apply makeup immediately after cleansing eye area